

# FEELING TIRED? HAVING BRAIN FOG? HOW'S YOUR DIGESTION?

Psst,  
nuHealth  
gives you  
wings!



Don't  
I know it!



## nuBirds Cleanse AND ROCK!

### 60-DAY CLEANSE & REPAIR PROGRAM!

Join us as we kick off the 60-day program!  
3-day cleanse, 57-day functional feeding.

**Monday, April 29th, 7-9pm**

**LEM Self Care Center**

**(1706 D Street, Vancouver, WA)**

**Admission: \$25**

Please **RSVP** so we'll bring the correct amount of kits!

#### Includes:

- Instruction on program and basic exercise regime
- Guidance via video and private online group
- Private support group
- All supplements for length of program

**Intermediate level (10% supp discount) = \$384 + workshop fee**

**Expert level (15% supp discount) = \$577 + workshop waived**

**+ Intermediate and Expert Movement Programs (priced separately)**



**Limited space, call to RSVP**

**360-836-5730**

**nuhealthclinic.com**